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# Voice of East

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'Voice of East' is an official magazine of Teachers' Association of Eastern University (TAEU) published from 2022.

TAEU is a Trade Union registered under the Trade union ordinance no 14 of 1935 with Department of Labour and a member of Federation of University Teachers' Association (FUTA). The TAEU stands as a Trade Union principally for the right of its membership as the collective voice of the member academic staff and the 'voice of the voiceless' to make University a place with transparency and good governance where Academics have a dignified existence to serve the students, university, community and country at large, free from undue influences and pressures. TAEU represent the Academic membership of the University to communicate and act on their behalf for the benefit, dignity and rights of individuals, community or university as appropriate.

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*Neither the Teachers' Association of Eastern University nor the editors necessarily take any responsibility for views expressed by the authors of various articles published in this volume.*

## Message from the President, TAEU

It is a matter of pride to pen down the message for Voice of East, the annual magazine of TAEU.

First of all, it gives me immense pleasure in welcoming you all to our Annual General Meeting of TAEU. The last Year 2022-23 was challenging year for us. We overcame challenges that emerged in a manner that has made us more future-ready than ever before. It tested our organizational capability to counter headwinds. Ultimately our resilience made us even more confident that we will always continue to contribute positively to our members and to our country's long-term progress.



In this juncture I am very happy to give the message for the second issue of our journal, Voice of East which has initiated us during my tenure as president of TAEU in 2021/22.

I truly believe that Voice of East is fulfilling its vision of being an innovative, beyond with a keen focus on teaching, research and service. Each day, we provide experiences and opportunities that are second to none. In this edition, you will read about a select few. Thus, there is no doubt Voice of East ensure its aim as to give another platform to our members to disseminate their knowledge.

The overall, is undergoing rapid changes and it has become essential to continuously refine and sharpen our capabilities while responding to these changes.

I extend my warm wishes to the Editor and the team to continue this journey on the road to excellence.

The pages of this edition are a showcase of our TAEU and Eastern University. Please enjoy and . . .

Go Highlanders!

Thank you all!

**Dr. T. Sathanathan**

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## Message from the Secretary, TAEU



As the secretary of TAEU, it is with great pleasure that I address you all through the esteemed platform of Voice of East. First and foremost, I would like to express my heartfelt gratitude to each and every one of you for your unwavering dedication and commitment to the noble profession of teaching. Day in and day out, you play a crucial role in shaping the minds of the next generation, instilling knowledge, fostering critical thinking, and nurturing the inherent potential in our students.

Our association, as a trade union, stands as a unified force to advocate for the rights, welfare, and professional growth of all our members. We strive to create an environment where educators can thrive and flourish, enabling them to deliver their best to our students and society as a whole. Together, we have achieved significant milestones, securing improved working conditions, and professional development opportunities.

I encourage each of you to actively participate in the activities organized by our association. Share your expertise, ideas, and concerns, for it is through collective action and solidarity that we can bring about meaningful change. Let us use Voice of East as a platform to share success stories, innovative teaching practices, and challenges faced, fostering a spirit of collaboration and support among our members.

In closing, I extend my sincere appreciation to the editorial team of Voice of East for providing us with this invaluable medium to communicate, connect, and inspire one another. I urge all our members to actively contribute to the magazine, as your voices deserve to be heard and celebrated.

Wishing you all continued success and fulfillment in your noble endeavors.

**Mr. M. Ravi**

B.A. Hons. UPDN, M.Phil (UPDN)

## Message from the Editor, TAEU

It is my pleasure to welcome you to the second volume of the TAEU magazine. As always, we have curated a diverse range of articles that we believe will inform, engage, and inspire our readership.

As educators, we play a critical role in shaping the future of our society, and it is our responsibility to stay informed and engaged on the issues that affect us all. In addition, as a teachers' union, we are always standing for the rights and dignity of our members. At a time when the higher education landscape is constantly evolving, it is more important than ever that we come together as a community to share our experiences, insights, and perspectives. Through this magazine, we hope to foster a sense of community and solidarity among our readers and to encourage ongoing dialogue and collaboration.

In this edition, we have published carefully selected articles on a range of topics, such as the role of woman's participation in trade unions, peacefulness of mind, marketing strategies, politics and health. We also gave a slot to our members to publish their fictional literature.

We are grateful to all of our contributors, who have shared their time, expertise, and insights with us. We would also like to thank our readers for their ongoing support and engagement, and we welcome your feedback and ideas for future editions.

As an outgoing editor, I would like to place a kind request to all our TAEU members. The successful continuation of this magazine depends on your contribution. Therefore, our members please contribute to this magazine in future.

### **Mr.S.Santharooban**

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